



MEDI AID (UK) LTD

Blended First Aid at Work

This course is a Blended First Aid at Work Course. This course is suitable for people who require the **Full First Aid at Work initial** course *and for those who are attending to renew their First Aid at Work Qualification. This course is suitable as a **First Aid at Work Requalification Course.***



Those attending the initial First Aid at Work course will have 12 hours of online eLearning element and those who have held previously a First Aid at Work certificate the online eLearning element will take six hours to complete. There is also a six-hour practical and assessment of learning day.

The online eLearning element must be completed before attending the pre-set practical & assessment day. The price is for both elements of the course (eLearning, Practical & assessment day).



Ideally the online element should be completed via a laptop/desktop or tablet to get the maximum value and quality from the online element. It will work on a smart phone but is not ideal.

Remember the online element must be completed before attending the practical and assessment day.

AIMS & OBJECTIVES OF THE COURSE

For students to be to fulfil the role of a First Aider as required by the Health and Safety (First Aid) Regulations 1981. The student should be able to Look after the first aid arrangements within the workplace/area, activate the Emergency Services and administer basic Emergency First Aid.

SYLLABUS

- Understand the role of the first aider including reference to:
- the importance of preventing cross infection;
- the need for recording incidents and actions;
- use of available equipment;
- Assess the situation and circumstances in order to act safely, promptly and effectively in an emergency;
- _ administer first aid to a casualty who is unconscious (including seizure);
- _ administer cardiopulmonary resuscitation inc use of AED;
- _ administer first aid to a casualty who is choking;
- _ administer first aid to a casualty who is wounded and bleeding;
- _ administer first aid to a casualty who is suffering from shock;
- _ provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters).
- recognising the presence of major illness and applying general first aid principles in its management.
- In addition, candidates should be able to demonstrate the correct first-aid management of:
 - soft tissue injuries;
 - injuries to bones including suspected spinal injuries;
 - chest injuries;
 - burns and scalds;
 - eye injuries including how to irrigate an eye;
 - sudden poisoning and anaphylactic shock

All elements of the course must be fully completed.

This course is certificated by Medi Aid (UK) Ltd who meet the requirements set by the Health and Safety Executive (HSE).
Medi Aid is a member of the First Aid Industry Body



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