



# MEDI AID (UK) LTD



## BLENDDED EMERGENCY FIRST AID AT WORK

### COURSE AIMS, OBJECTIVES AND SYLLABUS

#### ONLINE ELEMENT & CLASSROOM BASED LEARNING

#### AIMS & OBJECTIVES OF THE COURSE

For students to be to fulfil the role of an Emergency First Aider as required by the Health and Safety (First Aid) Regulations 1981. The student should be able to look after the first aid arrangements within the workplace/area, activate the Emergency Services and administer Emergency First Aid.

#### COURSE STRUCTURE

This Blended Emergency First at Work (EFAW) course consists of 3 hours of self-directed pre learning/eLearning & 3 hours classroom based practical session and assessment of learning.

The eLearning element must be completed before attending the pre-set practical & assessment. The price is for both elements of the course (eLearning, Practical & assessment day).

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Incorporating Resus 2015 guideline changes.  
An easy to understand first aid guide.  
[www.mediaid.co.uk](http://www.mediaid.co.uk)

#### SYLLABUS

Understand the role of the first aider including reference to:

- the importance of preventing cross infection
- the need for recording incidents and actions
- use of available equipment
- Assess the situation and circumstances in order to act safely, promptly and
- effectively in an emergency

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## BLENDDED EMERGENCY FIRST AID AT WORK

- administer first aid to a casualty who is unconscious (including seizure)
- administer cardiopulmonary resuscitation including the safe use and application of an AED (Defibrillator)
- administer first aid to a casualty who is choking
- administer first aid to a casualty who is wounded and bleeding
- administer first aid to a casualty who is suffering from shock
- provide appropriate first aid for minor injuries (including small cuts, grazes and bruises, minor burns and scalds, small splinters)

This course is certificated by Medi Aid (UK) Ltd who are fully compliant with the requirements set by the Health and Safety Executive (HSE) to provide this training. Medi Aid (UK) Ltd is approved by the First Aid Industry Body.



The First Aid Industry Body

A full Emergency First Aid at Work course is required to be taken after 3 years.

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